

iNsingizi Spa: Embracing Nature



INSINGIZI JOURNEY

R 4 400 PP**



HOLISTIC MEANDER

R 3 300 PP**



BUSH SERENADE

R 3 100 PP

Embark on a personalised **Full-Day Spa Journey** designed to refresh your body, mind, and spirit.

Choose between a Relaxing Escape or an Energising Experience, each thoughtfully crafted to offer a serene path to indulgence. Along the way, indulge in luxurious treatments tailored to rejuvenate you from head to toe, while savouring delicious meals and treats that nourish from within.

Your experience doesn't stop there. Unwind with a delightful dinner, enjoy a restful night in our comfortable accommodation, and wake up to a hearty breakfast—completing your journey of renewal and relaxation.

This package includes our signature de-stress massage, an Esse facial, two and a half hours of the ultimate full-body experience, a scenic soak, and full meals with dinner, bed, and breakfast (DBB) included.

Experience a **Half-Day Holistic Meander**, where tranquillity and nature harmonise to nurture your well-being. Choose between a Relaxing Journey or an Energising Path, each thoughtfully designed to restore balance to your body and calm your mind.

After your rejuvenating treatments, savour a delicious dinner, unwind in our cosy accommodation, and wake up to a wholesome breakfast—completing your stay with a sense of renewal. This refreshing escape offers balance and serenity in just a few peaceful hours.

The package includes our iNsingizi signature 90-minute treatment, a 45-minute hand and arm treatment, a delightful lunch, and full meals with dinner, bed, and breakfast (DBB) included.

*** The iNsingizi Journey & Holistic Meander are available in day only packages, please enquire for pricing.*

Escape into the heart of nature with our Bush Serenade, an enchanting night spa experience designed to soothe your senses and renew your spirit. As twilight settles over the bush, indulge in serene treatments that relax your body and calm your mind, while the gentle sounds of the wild serenade you into tranquillity.

After your rejuvenating spa journey, savour a delicious dinner under the stars before retreating to your cosy accommodation. Let nature's soothing melody lull you into a restful sleep. In the morning, wake to the serene beauty of the bush and enjoy a wholesome breakfast, leaving you refreshed and renewed by this unforgettable wilderness escape.

This package includes our iNsingizi signature 90-minute treatment, a 45-minute hand and arm treatment, and dinner, bed, and breakfast (DBB).



Begin your journey into nature's embrace today - 083 414 1932 | hello@insingizi.co.za

2025 RATES | T&C'S APPLY

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NATURES INTERLUDE

FROM R 850 PP

Serenity R850 pp

Relax and unwind with a 45-minute massage, followed by a peaceful lunch. **Serenity** is designed to soothe your senses and rejuvenate your spirit, providing a brief yet restorative escape into calm.

Revive R 1400 pp

Re-energise with two 45-minute massages, perfectly complemented by a refreshing lunch. **Revive** is crafted to refresh and revitalise, offering an invigorating escape into the tranquillity of nature.

Nature's Duet R 1400 pp

Experience the ultimate indulgence with a 45-minute massage by two therapists working in perfect harmony. This unique treatment releases tension and restores balance by using synchronised techniques to stretch and soothe. Paired with a relaxing lunch, **Nature's Duet** leaves you feeling deeply rejuvenated and at peace.



BLOOMING MOMENTS

R 1 400 PP

Designed especially for the expecting mother, **Blooming Moments** offers a nurturing retreat to support and celebrate this precious time.

Your journey begins with a soothing 45-minute foot and leg treatment, perfect for easing the daily strains of pregnancy. A calming 45-minute de-stress massage follows this, expertly tailored to release tension and promote deep relaxation. To complete your experience, enjoy a nourishing lunch, thoughtfully prepared to replenish your energy and leave you feeling revitalised.

This comprehensive package ensures you feel deeply pampered, rejuvenated, and ready to embrace the beautiful journey ahead.



WILD PAIRING

R 8 000 PC

Escape into nature with **Wild Pairing**, a luxurious couples' retreat designed to reconnect and rejuvenate. Enjoy two nights of comfort with dinner, bed, and breakfast included each day. On your full day, savour a delicious lunch before indulging in the **iNsingizi Signature Treatment**—a 90-minute experience expertly crafted to relax and restore. Complete your journey with a soothing 45-minute hand and arm treatment.

For an extra touch of romance, enhance your stay with a specially curated romantic hamper, available at an additional cost. This retreat perfectly balances relaxation, romance, and the serenity of nature.

Package includes: Two nights' **DBB**, lunch, a 90-minute **iNsingizi** signature treatment, and a 45-minute hand & arm treatment for two.



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